Other Useful Resources

*Advocacy Centre for the Elderly* is a community based legal clinic for low income senior citizens. This website also provides information on wills and funeral planning. Here you can access the following documents:

- Health Care Consent and Advance Care Planning: The Basics
- HIERARCHY of Substitute Decision Makers (SDMs) in the Health Care Consent Act HCC & ACP Publications

*The Service Canada website* offers a list of programs and services offered by the Government of Canada that are related to some of the issues people may experience when confronting the physical, mental and financial burdens of living with a life-limiting illness or coping with the death of a family member. You will find information on how to apply for a death certificate, how to access mental health services, and how to access grants to pay for prescription drugs and other health services, just to name a few. Try the online *Benefits Finder* for a customized list of federal, provincial and territorial programs and services.

*A Guide to Programs and Services for Seniors in Ontario* is a good resource for information about programs and services available to Ontario’s seniors. It is produced by the Ontario Seniors’ Secretariat and distributed by *Service Ontario Publications*.

*Health Care Consent Act*

*A Guide to the Substitute Decision Act*

**References**

The creators of Don’t Duck the Conversation Guide wish to acknowledge the following resources, from which we have drawn inspiration and information:

*Please note, some of the resources listed below were created by organizations outside of Ontario. The material found within them may not reflect current Ontario law regarding ACP.*

- *Be Ready for it* - published by the Norfolk & Suffolk Palliative Care Academy, UK
- *It’s Ok to Die* - published by Kris and Dr. Monica Williams-Murphy, USA
- *Begin the Conversation* - published by Wilmington, North Carolina-based Lower Cape Fear Hospice, USA
- *The Conversation Project* - published by the Conversation Project, in collaboration with the Institute for Healthcare Improvement, Cambridge Massachusetts, USA
- *Who Will Speak for You?* - published by End of Life Planning Canada
- *Arbor Memorial Official Family Registry* - published by Arbor Memorial Inc. , Canada
- *In the Checklist of Life* - by Lynn McPhelimy
- *One Last Gift for my Loved Ones* - created by Christina Stricker, Thunder Bay ON