

## Contact Information:

### Palliative Pain and Symptom Management Program

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### Palliative Pain and Symptom Management Consultant:

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The **PPSMP**

## Palliative Pain & Symptom Management Program



Hosted by

North West **CCAC**  
Community Care Access Centre  
**CASC** Centre d'accès aux soins communautaires  
du Nord-Ouest



## Hospice

### Palliative Care:

- Is active total care of patients whose disease has no cure
- Promotes control of pain and other distressing symptoms and alleviates psychological, social and spiritual problems
- Goal is achievement of best quality of life for the person and their families
- Affirms life and regards dying as a normal process
- Neither hastens nor postpones death
- Helps people to live as actively as possible until death
- Offers support system to help the person and family cope with death and bereavement

### The PPSMC provides:

- Consultation
- Education
- Mentorship
- Linkages

## Across the Continuum of Care

## The PPSMC

Enhances the capacity of communities to provide End of Life Care by assisting providers to:

- Assisting service providers in the application of the Model to guide Hospice Palliative care, assessment tools and best practice guidelines
- Offering consultation to service providers in person, by telephone, by videoconference or through e-mail regarding care, e.g., assessment and management of pain and other symptoms
- Providing case-based education and mentoring for service providers
- Helping build capacity amongst front line service providers in the delivery of palliative care
- Linking providers with specialized hospice palliative care resources

The service does not provide direct client assessment of care planning. As part of an education/coaching activity with a service provider a client may be present, however, the service provider remains the one responsible for the care. The service does not include responding to inquiries or education activities for the general public.

This consultant works in close conjunction with the Centre for Education and Research in Aging and Health at Lakehead University who under the Palliative Care Initiatives of the Ministry of Health and Long-Term Care delivers palliative care education to health care professionals and volunteers across Northwestern Ontario.