

New Resources: Grief and Bereavement Caused by Violent Death

Trauma Stewardship: An Everyday Guide to Caring for Self While Caring for Others. Van Dernoot Lipsky, Laura with Connie Burk. [CAR VAN]

This resource examines the ways that the stress of dealing with trauma reveals itself. Methods for dealing with this stress are explored and self-examination of reactions and motivations to this stress are encouraged.

Homicide: The Hidden Victims: A Guide for Professionals. Spungen, Deborah. [GRI SPU]

Spungen illustrates how those who lose loved ones to violence become co-victims who experience physical, spiritual, and psychological effects after such traumatic events. Research, personal insight, and case studies draw attention to these co-victims and the traumatic grief they experience.

Traumatology of Grieving: Conceptual, Theoretical, and Treatment Foundations. Figley, Charles R. [GRI FIG]

This resource, written by the director of the Florida State University Traumatology Institute focuses on the unique features that death-related post-traumatic stress disorder has on people bereaved through violent death.

Healing Your Traumatized Heart: 100 Practical Ideas after Someone You Love Dies a Sudden, Violent Death. Wolfelt, Alan D. [GRI WOL]

Practical tips and suggestions are offered to those dealing with the violent death of a loved one. These suggestions are meant to help families and friends affected by traumatic loss move beyond the trauma in order to embrace their grief.

Transforming the Pain: A Workbook on Vicarious Traumatization for Helping Professionals who Work with Traumatized Clients. Saakvitne, Karen W. and Laurie Anne Pearlman. [GRI SAA]

This workbook explains what is meant by the term “vicarious traumatization,” assessing and addressing vicarious traumatization and provides exercises meant to help individuals and groups deal with vicarious traumatization.

A Grief Like No Other: Surviving the Violent Death of Someone You Love. O’Hara, Kathleen. [GRI OHA]

O’Hara goes through the unique circumstances that people bereaved by violent death experience and examples of personal experience can be found throughout the chapters of this book. Exercises to help deal with traumatic loss are explored as well.

Treating Compassion Fatigue. Figley, Charles R. [CAR FIG]

This book clarifies the concept of compassion fatigue through the exploration of theory, research and treatment. Case studies are presented.

Violent Death: Resilience and Intervention Beyond the Crisis. Rynearson, Edward K., Ed. [GRI RYN]

The focus of this resource is on outreach and support for those dealing with violent death in the months and years that follow after the death has occurred. A companion DVD is included that features clinical interviews with surviving family members.

Homicide Survivors: Misunderstood Grievors. Bucholz, Judie A. [GRI BUC]

Families that have faced the murder of a loved one are the focus of this resource. Personal stories are shared in order to help the reader gain a better understanding of the particular experience of homicide bereavement.

What to Do When the Police Leave: A Guide to the First Days of Traumatic Loss. Jenkins, Bill. [GRI JEN]

Jenkins offers guidance, advice, and valuable information for families and individuals grieving a traumatic loss. It is written by a survivor of traumatic loss for other survivors and their caregivers. Topics from children and grief, the funeral, the criminal justice system and responses to specific types of traumatic loss are explored.

Dealing with Traumatic Bereavement: A Resource for Those Supporting People Who Have Experienced Traumatic Bereavement. South Eastern Health and Social Care Trust. [GRI SOU]

This resource is intended to provide advice for caregivers and families of those who have experienced a traumatic death. There are four appendices contained within the resource which were developed to help family members and friends, including helping children and adolescents, information for young people, dealing with sudden death in adulthood and common grief reactions to sudden death.

Also available online:

http://www.belfasttrust.hscni.net/pdf/Dealing_with_Traumatic_Bereavement.pdf