

Palliative Care Conference



June
6th-7th
2019

Marathon, ON

Moose Hall, 6 Stevens Ave, P0T 2E0.

nwmo
NUCLEAR WASTE
MANAGEMENT
ORGANIZATION SOCIÉTÉ DE GESTION
DES DÉCHETS
NUCLÉAIRES

Hospice Palliative Care:
“It Is Everyone's Business”

Topics Include

- Grief and Bereavement
- Peer Led De-Briefing
- Pain and Symptom Management
- D, D and D (Dementia, Delirium and Depression)

Guest Speakers

- Kathy Kortess-Miller
- Kathryn MacIsaac
- Robin Cano
- Jill Marcella
- Kim Ramsbottom

 *Hospice*
NORTHWEST SERVICES MAKING MOMENTS MATTER

Hospice Northwest Programs and Services

Palliative Care Support

Palliative Care Volunteers are matched with a client on a one-to-one basis. The volunteer's role includes being a sympathetic companion and helping in whatever way he or she can during difficult times. The service is managed by the client and will vary according to the client's specific needs.

Quick Response Volunteers

This team is a group of Hospice Northwest Volunteers who are specially trained to respond to client cases that are more urgent in nature. For example, volunteers could assist a client in the MAiD (Medical Assistance in Dying) program or an end of life client who only has days to live.

Grief Support

Our bereavement services are available at no charge and were created to help you cope with grief by offering support and healing.

- **Individual Grief Support:** Trained volunteers are assigned to grieving people, for support, companionship and non-judgmental listening. Confidentiality is assured.
- **Hearts and Hope Grief Group:** This six week therapeutic support group for grieving persons is offered several times a year. The group provides a place where people can talk about their experiences, listen to that of others and share their feelings.
- **Circle of Friends:** This group is open to anyone who has participated in our grief and bereavement services. The group focuses on building coping strategies and brainstorming ideas with the goal to assist participants in reinvesting in life and moving forward.

Don't Duck the Conversation: A Personal Planning Guide

Hospice Northwest has created the Don't Duck The Conversation: A Personal Planning Guide to help you begin the conversation. The guide has been designed for you to complete at your own pace. This way, you can sort out one duck at a time, at a pace that feels comfortable and manageable for you.

Die-alogues

Participants will be invited to discuss issues and listen to the ideas and experiences of other members. A guest speaker with first hand knowledge of the topic will introduce the subject matter and encourage discussion at individual tables.

Caregiver Buddies

Is a visiting and supporting program for persons that are within the last year of life. The program is to support the caregiver and the person living with dementia.

Comfort Kits

Kits will include items that are helpful during the end of life journey. The kits will include a one page information piece about all things palliative, and items such as games, blankets, pens, etc.



Schedule Day One: June 6th, 2019

Location: Moose Hall, 6 Stevens Ave, Marathon, ON P0T 2E0.

11:30 – 12:45	Registration
12:00 – 12:45	Lunch
12:45 – 1:00	Welcome and Introductions
1:00 – 2:00	Kathy Kortez Miller – Author of “Talking about Death Won’t Kill You,” “Hospice Palliative Care: It Is Everyone’s Business.”
2:00 – 3:30	Case Study/Speed Dating Activity
3:30 – 4:00	Break
4:00 – 5:00	Best Practices: Manitouwadge, Geraldton, Terrace Bay/ Schreiber
5:30 – 6:30	Dinner
7:00 – 9:00	Die-alogues Don’t Duck the Conversation: Personal Planning

Schedule Day Two: June 7th, 2019

Location Group A: Moose Hall, 6 Stevens Ave, Marathon, ON P0T 2E0.

Location Group B: Wilson Memorial Hospital, 26 Peninsula Rd, Marathon, ON P0T 2E0.

8:00 – 8:45	Breakfast
8:45 – 9:00	Welcome and Remarks
CONCURRENT SESSIONS (choose group A or B)	
9:00 – 12:15	<u>Group A:</u> Grief and Bereavement Programs Led by: Cherie Kok and Kim Ramsbottom Location: Moose Hall, Main Hall.
9:00 – 12:15	<u>Group B:</u> Pain and Symptom Management and D, D and D (Dementia, Delerium and Depression) Led by: Robin Cano and Kathryn MacIsaac Location: Wilson Memorial Hospital, Boardroom.

Guest Speakers



Kathryn MacIsaac has been an RN for approx. 10 years working mostly in the homecare setting as a Care Coordinator. Five of those years were spent coordinating home care services at the time of discharge from hospital; this has led to considerable knowledge about both acute care and community resources. Now a Palliative Care Coordinator providing MAiD Coordination, Kathryn is dedicated to ensuring equitable access to palliative, end of life, and community care.

Robin Cano has been a Registered Nurse since 1993. She has worked across care settings in the hospital and community settings. She has recently returned to the position of Palliative Pain and Symptom Management Consultant at the NW LHIN from an interchange at First Nations Inuit Health Branch, Ontario Region where she was the Regional Coordinator for Home and Community Care in the 133 First Nations Communities in Ontario. Robin is an advocate for the provision of equitable access to end of life options for care, regardless of care setting. To this end, she has a passion for knowledge translation to support strong front line voices and caregivers.



Jill Marcella is a Masters prepared Registered Social Worker with a specialization in Gerontology. She is currently the Manager for the North West Regional Palliative Care Program with St. Joseph's Care Group. Her role focuses on working with system partners, health care providers, clients and families in planning for and creating a coordinated system of palliative care accessible to all individuals living with a life limiting or terminal illness wherever the individual lives. Jill's clinical experience has included working in the community and the long term care setting in the role of a Social Worker. These roles have led Jill to expand her interest in providing health care providers and the general public the opportunity to learn and engage in dialogue about Advance Care Planning and the Health Care Consent Act. Jill encourages all of us to recognize that it is never too early to start the conversation, and we all have a role in the conversation.

Guest Speakers

Kathy Kortés-Miller, MSW, PhD is an unconventional death educator with a passion for palliative care and improving the end of life care for all. She is an assistant professor at the School of Social Work and the Palliative Care Division Lead at the Centre for Education and Research On Aging and Health (CERAH) at Lakehead University. Kathy is a sought after speaker and educator nationally and internationally and leverages her experiences as a cancer survivor and as a palliative care provider to challenge us to have the important conversations about dying, death and life. Her research experience has been interdisciplinary and collaborative contributing to a broad range of fields of study including: social work, thanatology, palliative care, interprofessional education, gerontology and LGBTQ. She was a long-standing member of the board of directors for Hospice Northwest and in March 2018 published the best selling book book “Talking About Death Won’t Kill You” with ECW Press.



Kimberly Ramsbottom completed her Masters of Social Work with a Specialization in Gerontology at Lakehead University. Kimberly has worked with the Quality Palliative Care-in Long Term Care and Improving End-of-Life Care in First Nation Communities projects. Presently she is working at the Centre for Education on Research on Aging & Health at Lakehead University as an Education Planner, CME Coordinator and palliative care education facilitator. Kimberly is a HPCO Health Care Consent and Advance Care Planning Champion for North Western Ontario and with a primary goal of Integrating Advance Care Planning into Canada’s everyday health services to ensure “Good Deaths” for all Canadians.



Palliative Care Conference

“Hospice Palliative Care: It Is Everyone’s Business”

Registration Form

Thursday, June 6th 11:30 am - Friday, June 7th 2019 12:15 pm
 Moose Hall, 6 Stevens Ave, Marathon, ON P0T 2E0

Please refer to the Palliative Care Conference package for information on the conference agenda. If you have any questions please call us at (807) 626-5570 or email Shaylin at shaylin@hospicenorthwest.ca.

Personal Information

First and Last Name	Organization
Position	Address
City, Province, Postal Code	Email
Phone	Fax
Dietary Restrictions	

Conference Registration

Thursday, June 6			Friday, June 7 (Choose either Group A or B)		
Lunch 12:00 – 12:45 pm	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Breakfast, 8- 9 am	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Dinner, 5:30 – 6:30 pm	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Group A: 9:00 – 12:15 pm Starting Grief and Bereavement Programs <u>Location:</u> Moose Hall, Main Hall. 6 Stevens Ave, Marathon, ON P0T 2E0	Yes <input type="checkbox"/>	No <input type="checkbox"/>
Die-alogues, 6:30 – 8:30 pm	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Group B: 9:00 – 12:15 pm Pain and Symptom Management , and D, D and D (Dementia, Delirium and Depression) <u>Location:</u> Wilson Memorial Hospital, Boardroom. 26 Peninsula Rd, Marathon, ON P0T 2E0	Yes <input type="checkbox"/>	No <input type="checkbox"/>



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Method of Payment

Conference Registration Package Includes: all conference sessions, choice of workshops, evening Die-a-logues: advanced care planning, breakfast, lunches, coffee breaks, snacks, and dinner. The first 50 people to register will receive a free water bottle and notebook.

The Conference fee is \$75 per person. For an additional \$20 you can purchase Kathy-Kortes Miller’s book “Talking About Death Won’t Kill You: The Essential Guide to End-of-Life Conversations.”

Would you like to Purchase Kathy-Kortes Miller’s book?	
<input type="checkbox"/> No, total fee \$75	<input type="checkbox"/> Yes, total fee \$95

I would like to pay			
<input type="checkbox"/> Credit Card	<input type="checkbox"/> Cheque	<input type="checkbox"/> Online	<input type="checkbox"/> Invoice

Name on Credit Card: _____

Billing Address: _____

Type of Card (Visa/ Amax etc.) _____

Card Number: _____

Expiration Date: _____ Security Code (3 digit code on the back): _____

Cardholder Signature: _____

Thank you for registering!

***HOTEL RESERVATIONS MUST BE MADE DIRECTLY WITH THE MARATHON HARBOR INN,
ROOMS HELD UNDER “HOSPICE NORTHWEST”, (807) 229-2121.***

OR

AIRPORT MOTOR INN, CONFIRMATION # 49127, (807) 229-1213.



Hospice

NORTHWEST
SERVICES

MAKING MOMENTS
MATTER

Dialogues

Conversations on
Life and Death

Don't
the

Duck Conversation

We can help you get your ducks in a row



With Guest Speakers Jill Marcella, Manager, North West LHIN Regional Palliative Care Program
Kim Ramsbottom, HPCO Regional Advance Care Planning Health Care Consent Champion
Cherie Kok, Executive Director, Hospice Northwest

Thursday, June 6th, 2019 from 6:30 – 8:30 pm
at the Moose Hall, 6 Stevens Ave, Marathon, ON P0T 2E0.
Registration is Required. Refreshments will be served.