## **My Story: The Facts**

This section provides you with a place where you can write down details that will be helpful if you choose to draft your own obituary or helpful to others who may write it after your death. Once you have completed this section, you can proceed to the *Life Review* or *Writing my Obituary* section if you wish to write your own Life Story or Obituary.

| My Parents and/or Care Providers<br>This can include biological, adopted, or foster parents, guardians and<br>other people who cared for you |                                |  |  |  |
|--|--------------------------------|--|--|--|
| Name and Relationship:   | Date of Birth<br>and/or Death: | Place of<br>Birth:                             | Contact after your<br>death? [] Yes [] No<br>By whom?: |  |
|  |                                |  |  |  |
| I have written this person a   | Location<br>of Letter:         | Person entrusted with sending personal letter: |  |  |
| letter to be sent after my<br>death: [] Yes [] No  |                                |  |  |  |
| Name and Relationship:   | Date of Birth<br>and/or Death: | Place of<br>Birth:                             | Contact after your<br>death? [] Yes [] No<br>By whom?: |  |
|  |                                |  |  |  |
| I have written this person a   | Location<br>of Letter:         |  | usted with sending<br>onal letter:                     |  |
| letter to be sent after my<br>death: [] Yes [] No  |                                |  |  |  |



| My Parents and/or Care Providers  |                                |                    |  |
|---|--------------------------------|--------------------|--|
| Name and Relationship:  | Date of Birth<br>and/or Death: | Place of<br>Birth: | Contact after your<br>death? [] Yes [] No<br>By whom?: |
| I have written this person a<br>letter to be sent after my<br>death: [] Yes [] No | Location<br>of Letter:         |                    | isted with sending<br>onal letter:                     |
| Name and Relationship:  | Date of Birth<br>and/or Death: | Place of<br>Birth: | Contact after your<br>death? [] Yes [] No<br>By whom?: |
| I have written this person a<br>letter to be sent after my<br>death: [] Yes [] No | Location<br>of Letter:         |                    | usted with sending<br>sonal letter:                    |
| Name and Relationship:  | Date of Birth<br>and/or Death: | Place of<br>Birth: | Contact after your<br>death? [] Yes [] No<br>By whom?: |
|   |                                |                    |  |
| I have written this person a  | Location<br>of Letter:         |                    | usted with sending<br>sonal letter:                    |
| letter to be sent after my<br>death: 🛛 Yes 🛛 No                                   |                                |                    |  |
|   | Additional Note                | es:                |  |

## **Birth Family and Friends**

Please identify the names of your siblings and other birth family members such as grandparents, aunts, uncles, cousins and very close friends below. If you wish these people to be notified after your death, please check the box below and indicate who will be responsible for notifying them. If you would like a personal letter sent to someone, you can indicate that here as well. The *Sharing My Story* section provides help with how to draft your letters to your family and friends.

| Name/Relationship to You:  | Deceased?: 🛛Yes 🖾No<br>If yes, indicate death date below:   |                       |
|--|---|-----------------------|
| Email/Phone/Address:   | Contact after your death?:                                  |                       |
|  | By whom?:   |                       |
| I have written this person a letter to be sent<br>after my death: 🛛 Yes 🛛 No   | Location of Letter:   | Person<br>sending it: |
| Name/Relationship to You:  | Deceased?: 🛛 Yes 🗠 No<br>If yes, indicate death date below: |                       |
| Email/Phone/Address:   | Contact after your death?:<br>Yes I No                      |                       |
|  | By whom?:   | Kan Kasala            |
| I have written this person a letter to be sent<br>after my death: [] Yes [] No | Location of Letter:   | Person<br>sending it: |
| Additional   | Notes   |                       |
|  |   |                       |

| Birth Family   | and Friends   |                       |  |  |
|--|---|-----------------------|--|--|
| Name/Relationship to You:  | Deceased?: 🛛Yes 🖾No<br>If yes, indicate death date below: |                       |  |  |
| Email/Phone/Address:   | Contact after your death?:                                |                       |  |  |
|  | By whom?:   |                       |  |  |
| I have written this person a letter to be sent<br>after my death: 🛛 Yes 🗆 No | Location of Letter:                                       | Person<br>sending it: |  |  |
| Name/Relationship to You:  | Deceased?: []Yes<br>If yes, indicate death o              |                       |  |  |
| Email/Phone/Address:   | Contact after you<br>Yes IN                               |                       |  |  |
|  | By whom?  | :                     |  |  |
| I have written this person a letter to be sent<br>after my death: 🛛 Yes 🗆 No | Location of Letter:                                       | Person<br>sending it: |  |  |
| Additional Notes   |   |                       |  |  |
|  |   |                       |  |  |

| Birth Family and Friends   |  |                       |  |  |
|--|--|-----------------------|--|--|
| Name/Relationship to You:  | Deceased?: 🛛 Yes 🗠 No<br>If yes, indicate death date below |                       |  |  |
| Email/Phone/Address:   | Contact after your death?:                                 |                       |  |  |
|  | By whom?   |                       |  |  |
| I have written this person a letter to be sent<br>after my death: 🛛 Yes 🗋 No   | Location of Letter:  | Person<br>sending it: |  |  |
| Name/Relationship to You:  | Deceased?: □Yes □No<br>If yes, indicate death date below:  |                       |  |  |
| Email/Phone/Address:   | Contact after your death?:                                 |                       |  |  |
|  | By whom?   | <b>):</b>             |  |  |
| I have written this person a letter to be sent<br>after my death: [] Yes [] No | Location of Letter:  | Person<br>sending it: |  |  |
|  |  |                       |  |  |
| Additiona  | ll Nôtes   |                       |  |  |
|  |  |                       |  |  |
|  |  |                       |  |  |
|  |  |                       |  |  |
|  |  |                       |  |  |

| <b>My Spouse</b><br>Your spouse may include your current and/or previous spouse,<br>partner, or significant other. |  |                                   |                             |             |   |
|--|--|-----------------------------------|-----------------------------|-------------|---|
| Name and F<br>Stat<br>Married/common law   | tus:   | Date of<br>birth/Death:           | Place<br>birth/De           |             | Address:<br>if different than your address:             |
| Home<br>Phone #:   | Cell<br>Phone #:   | Email<br>Address:                 | Marria<br>License           | -           | List & State Location<br>of Important<br>Documents:     |
|  |  |                                   | 🗆 Yes 🗆                     | ] <b>No</b> | Marriage license, pre-nuptial agreement, divorce decree |
|  | □ Yes □ No<br>□ Yes □ No   | Divorce<br>Decree?:<br>□ Yes □ No | Prenuj<br>Agreem<br>□ Yes □ | ent?:       |   |
| Employer:  |  |                                   |                             |             |   |
| I have written this person a Location of Letter: Person entrusted with sending personal letter: death: 1 Yes 1 No  |  |                                   |                             |             |   |
| Name and F<br>Stat<br>Married/common law   | tus:   | Date of<br>birth/Death:           | Place<br>birth/De           |             | Address:<br>if different than your address:             |
|  |  |                                   |                             |             | Marriage license, pre-nuptial agreement, divorce decree |
| Home<br>Phone #:   | Cell<br>Phone #:   | Email<br>Address:                 | Marria<br>Licens            | age<br>se?: | List & State Location<br>of Important<br>Documents:     |
|  |  |                                   | □ Yes □                     | No          | Marriage license, pre-nuptial agreement, divorce decree |
|  | DivorcePrenuptialDoloyed?:YesNoDecree?:Agreement?:red?:YesNoYesNoYesNo |                                   |                             |             |   |
| Employer:  |  |                                   |                             |             |   |
| I have written this person a letter to be sent after my death: I Yes I No  |  |                                   |                             |             |   |

## **Consolidated List of Those to be Notified When I Die**

If you wish, you can use this space to create a consolidated list of all the people you would like notified of your death, as checked off in the preceding pages.

| Name: | Relationship to you: | Contact Information: |
|-------|----------------------|----------------------|
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |
|       |                      |                      |

| Consolidated | List of Those to     | be Notified When I Die |
|--------------|----------------------|------------------------|
| Name:        | Relationship to you: | Contact Information:   |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |
|              |                      |                        |

| My Biographical Information                              |                 |                             |  |  |
|--|-----------------|-----------------------------|--|--|
| My Cultural Background:                                  |                 |                             |  |  |
| My Education/Schools I<br>Attended:                      | Years Attended: | Certificate/Degree/Diploma: |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
| Employment/Volunteer<br>History<br>Name of Organization: | Dates I Worked: | Position/Job Title:         |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  | <b>A</b> shines |                             |  |  |
| Organizations/Affiliations:                              | Achievei        | ments and Recognitions:     |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |
|  |                 |                             |  |  |

| My Faith, Community and Military Information  |                                       |  |  |
|---|---------------------------------------|--|--|
| My Church or Religious Affiliation:           | Address and Phone #:                  |  |  |
|   |                                       |  |  |
| My Religious Leader/Clergy Person:            | My Church Group:                      |  |  |
|   |                                       |  |  |
| Community Grou                                | ips I Belong to:                      |  |  |
|   |                                       |  |  |
| Branch of Military Service/Unit/<br>Regiment: | When and Where I Entered the Service: |  |  |
|   |                                       |  |  |
| When/Where I was Discharged:                  | Where I Served:                       |  |  |
|   |                                       |  |  |
| Awards or Recognition I Received:             | Veteran's Organization I Belong to:   |  |  |
|   |                                       |  |  |
| Other Information about My Military Service:  |                                       |  |  |
|   |                                       |  |  |

## **Memorable Occasions**

Please list memorable occasions or rites of passage, such as engagements, weddings, the birth of your children or grandchildren, religious, spiritual events or cultural events, the date of important achievements, holidays, etc. This list is to help you or your family recall memories to help with the process of writing your obituary, eulogy and sharing stories about your life.

| Event/Occasion: | Date:  | Place: |
|-----------------|--------|--------|
|                 |        |        |
|                 |        |        |
|                 | Notes: |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
| Event/Occasion: | Date:  | Place: |
|                 |        |        |
|                 | Nadaa  |        |
|                 | Notes: |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
| Event/Occasion: | Date:  | Place: |
|                 |        |        |
|                 |        |        |
|                 | Notes: |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |
|                 |        |        |

| Memorable Occasions |        |        |  |
|---------------------|--------|--------|--|
| Event/Occasion:     | Date:  | Place: |  |
|                     |        |        |  |
|                     | Notes: |        |  |
|                     |        |        |  |
| Event/Occasion:     | Date:  | Place: |  |
|                     |        |        |  |
|                     | Notes: |        |  |
|                     |        |        |  |
| Event/Occasion:     | Date:  | Place: |  |
|                     |        |        |  |
| Notes:              |        |        |  |
|                     |        |        |  |
| Event/Occasion:     | Date:  | Place: |  |
|                     |        |        |  |
|                     | Notes: |        |  |
|                     |        |        |  |

| My Fondest Memories         |                      |
|-----------------------------|----------------------|
| Classmates I remember:      | Teachers I remember: |
|                             |                      |
| Significant World Events:   | Best Friends:        |
|                             |                      |
| First Love:                 | Favourite Jobs:      |
|                             |                      |
| Special Holiday Traditions: | Special Pets:        |
|                             |                      |
| Special Vacations:          | Favourite Places:    |
|                             |                      |
| Notes:                      |                      |
|                             |                      |