

ANNUAL CAMPAIGN 2024:

SEPTEMBER 23 - DECEMBER 31, 2024



**how
matters**

live

how we ~~die~~ matters

Hospice Northwest Services and our team of compassionate volunteers are here to support our clients as they continue to live each day to the fullest.

Please support this essential work!
Donate at www.hospicenorthwest.ca

**When you are diagnosed with a life-limiting illness,
you will have many questions.**

Our team at Hospice Northwest Services can help!



How we die matters.

Help us support those at end of life.

DONATE NOW: www.hospicenorthwest.ca



**how
matters**

When a family members is dying



CAREGIVER


VOLUNTEER

HNW STAFF

**We work together to support
your family.**

Because how matters.

DONATE NOW: www.hospicenorthwest.ca



How does HNW Services support families facing a life limiting diagnosis?

- One-to-One Palliative Support Program
- Caregiver Support
- Anticipatory Grief Support
- Help accessing education and resources, including Advance Care Planning

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PLEASE DONATE NOW

www.hospicenorthwest.ca



how matters



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www.hospicenorthwest.ca



Hospice
NORTHWEST SERVICES

How does HNW support caregivers?

- One-to-One Caregiver Support
- Caregiver Workshops
- Dedicated Caregiver Support Line
- Respite Support
- Caregiver Drop In Sessions
- Peer Support

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matters**

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About Hospice Northwest Services

Our rich history

Hospice Northwest is a non-profit community hospice organization that began in 1986 as the Thunder Bay Community Palliative Care Volunteers, also known as Via Vitae. The name was changed to Hospice Northwest in 2002. The word 'Services' was added in 2018 to clarify that we are not a hospice with beds, but rather an organization that supports our community with a range of end-of-life services. Each year, HNW is honoured to serve approximately 400+ end-of-life, caregiver and grief clients and their families. One thing we've known since the organization began is that...

how matters!

DONATE NOW TO SUPPORT OUR ESSENTIAL PROGRAMMING

www.hospicenorthwest.ca



how matters

**"One person caring
for another
represents life's
greatest value."**

- JIM ROHN



Please help us support families.

DONATE NOW.

www.hospicenorthwest.ca

What your donations will fund:



CAREGIVER SUPPORT PROGRAMS

Hospice Northwest Services supports caregivers who make a difference in the lives of others.

Providing care to a person who is ill can be both very rewarding and very difficult. Whether you are a hospice volunteer or a family member/friend providing support to a loved one, we are dedicated to providing assistance to you as you care for others. Our caregivers services are available to help you feel supported during your caregiving role. If you are a caregiver in Thunder Bay area, we have support for you.



EDUCATION AND RESOURCES

When a family receives news that a loved one has a life-limiting illness, being prepared for the journey ahead becomes very important. The team at Hospice Northwest Services is dedicated to assisting the family access the resources they need to make the months ahead less stressful. Tools such as our **Don't Duck the Conversation** workbook can help families start the discussion about getting affairs in order. Our **Die-alogues** series offer meaningful conversations about end-of-life issues. Without donations raised through fundraising, we could not offer these valuable resources.

**Please help us support families at end-of-life.
DONATE NOW. BECAUSE...**

**how
matters**

how matters



Helping Caregivers

HOW OUR LOVED ONES SPEND THEIR FINAL DAYS MATTERS

I'm Penny Radford and I am a caregiver for my mom Julia, who is living with Alzheimer's disease. Having Sue as our HNW volunteer is extremely helpful and so needed in the stage of life that mom is going through.

What does HOW MATTERS mean to me?

HOW MATTERS means how we do things, how we care for people the way they want to be cared for.

In my family's case, with my mom having dementia and not being able to express her needs, it's so important to hear what the caregiver has to say because how you look after my mother matters. How you do things and how you advocate for us and how you get us through the system is so important. Do you drag us through it? Do you put obstacles in our path, or do you make it a smooth glide, make it easier and respectful?

How matters and how Sue, our volunteer, interacts with my mom matters. And when I hear Sue saying, "I 'listen' to what Julia's doing, even though she can't tell me. I look for the look in her eyes to know to do it differently this time, and I do that next time".

During our Annual Campaign, please consider donating to Hospice Northwest because....

how matters!

How we care about people matters.

**Please donate today at
www.hospicenorthwest.ca**



Our volunteers help make every moment matter

Sue Rayank has been a Hospice Northwest Services volunteer for 15 years. She is currently supporting Julia, a client living with Alzheimer's disease, and Julia's daughter Penny, who is Julia's caregiver.

"What does HOW MATTERS mean to me?"

How we die matters. And how we make the most out of the time we have left matters. There are so many different ways of helping people think about death. It's not a fun topic to talk about. People don't want to talk about it. But I think how we talk about dying matters, and how we are able to cope and learn more about dying and accepting that it's not going to be easy – that matters.

The more knowledge you gain and the more information you have, that matters. You're going to be better at traveling on this journey if you have a roadmap and you have a good vehicle. And I think Hospice Northwest provides that safe place to be as you go through this process. That preparation is what matters. So that we can help to ensure that our clients live their best lives till the end.

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Our team is here for you

Suzanne Nuorala has been the Hospice Northwest Services Palliative Program Coordinator since 2022. She works with our volunteers and clients to provide the best possible support for our palliative and caregiver clients.

What does HOW MATTERS mean to me?

Each person's journey is their own and we need to ask what they want. It's really about focusing on what each client's needs are and what matters most to them. How can we make this difficult journey as good as we possibly can?

Even though you are coming to the end of your life, you're still here, you're still a person, and you still need to live your life to the best that you possibly can, and that's what palliative care is. So how do you maintain that?

Well, first of all, do something for yourself. Get yourself a Hospice Northwest volunteer who comes and spends time with you and becomes that companion that you need to talk to about your illness. Or sometimes people don't want to talk about their illness. They want to laugh, they want to know about their volunteer's life, or they want to share the good experiences in their own life. And those volunteers can take them on outings and help them live the best life that they possibly can.

It's their life, it's their decision. Our volunteers are there to help them face this life limiting illness, even though it's going to be difficult. It's going to be a long road ahead. But knowing that they're not alone, that's what matters.

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Caregiver Program

**Are you in need of Caregiver
Support?**

**Those in need of our Caregiver
Support services are accepted
without prejudice and
encouraged to talk about their
feelings, acknowledge their
emotions, and explore options.
We're here to help.**



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Hospice Without Walls

Monthly Giving Program

Please consider joining our special community of monthly givers and play a key role in the provision of grief support programs and palliative services for the children, teens, adults and families we serve.



www.hospicenorthwest.ca/give/monthly-giving/

What your monthly support will provide



Hospice
NORTHWEST SERVICES

\$25 per month

You will fund one caregiver client to attend a Caregiver Workshop

\$50 per month

You will fund training for 2 caregiver volunteers

\$100 per month

You will fund the cost of hosting a Die-a-logues educational event

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**Please donate to
our Annual
Campaign**

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www.hospicenorthwest.ca

**2024 ANNUAL
CAMPAIGN GOAL:
\$40,000**

**WE MUST RAISE
A MINIMUM OF
\$40,000 IN
ORDER TO
CONTINUE TO
PROVIDE THE
LEVEL OF
EXCEPTIONAL
CARE AND
SUPPORT THAT
OUR FAMILIES
DESERVE.**

